



# Frequently asked questions

Yum!



## Q: What is WW?

**A:** WW is Weight Watchers reimagined. Our purpose is to inspire healthy habits for real life. For people, families, communities, the world, for everyone. No matter what your goal is—to lose weight, eat healthier, move more, develop a more positive mindset, or all of the above—we will bring you science-based solutions that fit into your life. WW welcomes everyone who seeks to be healthier, not just manage their weight.

## Q: Why is YUM! partnering with WW?

**A:** YUM! Brands has teamed up with WW to bring you a program that gives you real-life solutions to get healthier, all at a special price.

## Q: Who can take advantage of the WW offerings?

**A:** All employees and spouses can participate. Workshops (which used to be called meetings) are not available in some areas in the U.S. To find out if the county you reside in is a non-participating area, please visit: <http://wwfranchisecountylist.com>.

To become a WW member, you must:

- Be at least 18 years old.
- Not be pregnant.
- Not have an active medical diagnosis of bulimia nervosa or anorexia nervosa.

## Q: If I register for WW, will my membership and weight information be kept confidential?

**A:** Yes, it will. Although YUM! will receive information about the total membership's weight loss, it will not receive any individual or personally identifiable information.

## Q: If I'm a current WW member can I receive the special pricing?

**A:** Of course! There's an option to link your current account through your company's registration process. If you have any issues, call WW at 1-866-237-6032 for assistance with getting your membership switched.

## Q: What are the WW offerings and monthly cost through YUM!?

**A:** You can choose the plan that fits your lifestyle.

### Offering 1: Digital

\$8.48 per month

### Offering 2: Digital + Workshops

\$19.11 per month

### Offering 3: WW for Diabetes

\$19.11 per month

You will be charged each month until you cancel your membership or if you are no longer eligible for the company subsidy. State taxes will be added where applicable.

## Q: What are the differences between the WW offerings?

### A: Offering 1: Digital

The digital program give you the ability to follow the program entirely online with the WW app and website. You will get access to our full suite of digital tools which includes 24/7 click to chat, connect, food and activity tracking, recipe ideas, restaurant guides, Wellness Wins and much more!

### Offering 2: Digital + Workshops

This program gives you all the same digital tools that you receive plus access to weekly WW workshops (formerly meetings). You can attend any WW workshop in the local community, or in the workplace (where offered/ applicable). Workshops are led by a WW coach and offer additional in- person support.

### Offering 3: WW for Diabetes

This gives you all the access to the programs described in Digital + Workshops, plus additional 1:1 coaching from a Certified Diabetes Educator

## Q: How do I cancel my WW membership?

**A:** Our cancellation process is hassle-free. You can easily cancel your membership on our website. Simply log in to your account, go to "Settings," > "Account" to view your cancellation options. If you would like assistance with cancelling your account, you can call 866-204-2885.

**Join WW today!** Visit <https://wellness.weightwatchers.com> to enroll and input the YUM employer ID: 61120

**Questions?** Call 866-204-2885 or email [wellnesshelp@weightwatchers.com](mailto:wellnesshelp@weightwatchers.com) (Monday-Friday 8:00 a.m.-10:00 p.m. ET; Saturday 11:00 a.m.-5:00 p.m. ET.)